

# Nursing Theory and Knowledge Development

## A Descriptive Review of Doctoral Dissertations, 2000–2004

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Within the profession of nursing, nursing theory, conceptual models, and knowledge development continue to be points of discussion and debate. Some suggest that nursing research must either test or develop nursing theory, whereas others believe that research germane to practice can legitimately incorporate what is commonly referred to as borrowed theory. This descriptive analysis of nursing doctoral dissertations ( $N = 207$ ) conducted from 2000 to 2004 focused primarily on the inclusion or exclusion of nursing theories. Almost half (45.4%) of the dissertations studied theories from fields other than nursing, 27.1% of the researchers studied nursing theories, and 27.5% of the dissertation studies engaged in theory generation. Implications for nursing knowledge development and research specific to practice are discussed.

**Key words:** *knowledge development, doctoral education, nursing theory*

**T**ODAY, as in the past, the importance of knowledge development, utilization and application of nursing theory to practice, and related epistemological concerns are widely discussed among academicians and addressed in the nursing literature.<sup>1–5</sup> Beyond the philosophical and ontological arguments about a nursing specific versus a more eclectic theoretical approach to knowledge development, some nurse clinicians and researchers view theorizing as a pretentious activity.<sup>6</sup> Doane and Varcoe remarked that many nurses find theory to be an academic abstraction that is of no practical value.<sup>7</sup> Furthermore, there are those who believe that nursing theory development is an exercise in futility that has created more conceptual confusion than clarity and has no relevance to practice.<sup>8</sup> Nonetheless, those who disparage nursing theory and view theory development as a nonviable enterprise seem to represent a minority position.

In general, 2 prominent views emerge from the literature relevant to nursing knowledge development, related theory, and practice. On one hand, according to Mitchell, there are nurses who hold to the view that “nursing theory is essential to the development of a professional discipline with a unique and valuable service mandate.”<sup>9(p310)</sup> Moreover, Barrett<sup>10</sup> stated that nursing will continue to be perceived as an indistinct discipline unless it plainly defines itself in terms of science and unique knowledge. Other nurse scholars and scientists contend that research that does not test or develop nursing theory but studies theories from other disciplines serves to extend the knowledge bank of those disciplines and thereby shortchanges nursing knowledge development.<sup>11,12</sup> Although Northrup and colleagues<sup>4</sup> conceded that knowledge from other disciplinary fields is applicable to nursing, they emphasized the need for nurse scientists to concentrate on the development and generation of a distinct body of nursing knowledge that is specific to professional practice.

On the other hand, McKenna stated, “The fact that nursing knowledge is assimilated

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from many fields can be viewed as one of nursing's greatest strengths in the provisions of patient care.<sup>13(p126)</sup> She also emphasized that other than physics or mathematics, most likely all professions borrow theory from other fields of study. To advance nursing knowledge development in the 21st century, Hinshaw<sup>14</sup> encouraged nurse scholars to embrace and integrate multiple theoretical perspectives and to expand nursing's knowledge via interdisciplinary inquiry. Congruent with Roy's<sup>15</sup> endorsement of a multidisciplinary approach to the generation of nursing knowledge, Giuliano et al<sup>16</sup> asserted that a unity of knowledge worldview that values an interdisciplinary mode for research and knowledge development facilitates an open, rather than a closed, system model regarding the development and explication of nursing knowledge.

While the overarching model of nursing practice should be founded on nursing theories, Villarruel et al acknowledged that "theories that are shared with, not blindly borrowed from, other disciplines should also be used."<sup>17(p162)</sup> Consistent with the American Nurses Association's code of ethics for nurses,<sup>18</sup> regardless of one's perspective relative to the composition or content of the theoretical underpinnings of nursing knowledge, ethically nursing must continue the work of knowledge development and refinement to facilitate the delivery of safe and appropriate care for all people groups across the lifespan. To access valuable information relevant to the assumptions pertaining to the construction of nursing knowledge refer to the classic works of Carper, Donaldson, and Crowley, and the more recent writings of Fawcett and others.<sup>19-21</sup>

Considering the burgeoning number of nursing research studies produced over the past 30 years, a myriad of descriptive and integrative research reviews have been published. Descriptive assessments of research studies are informative and useful as they illuminate issues relevant to practice, professional and knowledge development, and direction for further research. For example, in the late 1970s, Barnard and Neal re-

viewed research relevant to the health of women and children, and Gortner and Nahm provided a historical review of nursing research emphasizing trends in nursing practice and the development of research support systems.<sup>22,23</sup> Other research reviews by selected areas of nursing practice included community health, psychiatric nursing, and medical surgical nursing.<sup>24-26</sup> Examples of more current reviews examined studies on cultural care, women's health, nursing advocacy, and adolescent health behavior.<sup>27-30</sup> Of the few reviews of doctoral dissertations that have been published, only 3 have studied nursing dissertation research.<sup>31-35</sup> Several of the research study reviews included in this brief summary offered some information about theory or theoretical frameworks, but none made specific references to the inclusion or exclusion of theory, nursing, or otherwise.

Knowledge development and nursing science are undeniably intertwined; nursing science is predicated upon the evolution of a distinct body of nursing knowledge.<sup>36</sup> According to Fawcett's commentary on the state of nursing science, nursing must end its "romance with medical science and the conceptual frameworks, theories, and methodologies of nonnursing disciplines."<sup>37(p314)</sup> She also stressed the importance of discipline-specific research to advance the science of nursing and to ensure the survival of the discipline. Parse, cited in Huch,<sup>38</sup> lamented the fact that most US nursing doctoral programs do not require students to use a nursing theories or conceptual frameworks for their dissertation theses. In a similar vein, Malinski voiced the following perspective, "If nursing doctoral students had steadily been focusing on nursing knowledge over the years, I can only imagine where the discipline might have advanced to by now; imagine, again, the potential if we all worked together to advance the development of this discipline-specific knowledge."<sup>39(p13)</sup> However, no recent comprehensive reviews have been done regarding nursing knowledge development and theoretical focus of nursing inquiry at the foundational level of dissertation research.

Therefore, the main objective of this descriptive investigation was to review dissertation abstracts of research studies conducted by nurses over a 5-year period to determine references to nursing theory, nonnursing theory, or theory generation. Also, this basic inquiry sought to gain insight regarding types of doctorates obtained, topical areas of study, and research designs used to further nursing knowledge and knowledge development.

## **METHODS**

### **Search strategy**

The literature search was limited to one major computer database system. The researcher accessed the World Cat database, dissertation abstracts, and conducted a broad search of nursing dissertations written by students enrolled in schools located in the United States. The single word “nursing” resulted in the posting of 3326 dissertations. For the purposes of this study, the following 3 key word combinations were used to conduct the search—nursing, theory, and practice; nursing, theory, and application; and nursing, theory, knowledge, and development—which yielded 243, 30, and 59 dissertation studies, respectively.

### **Inclusion criteria**

The inclusion criteria included nursing-focused doctoral dissertation study conducted in schools or universities located in the United States, written in English, academic degree of PhD, DNS, or EdD, references in abstract to theory or theory development, and published during 2000–2004 time frame. Duplicate studies cited in more than one of the individual key word searches and studies that did not meet the inclusion criteria were excluded which resulted in a final sample of 207 individual dissertation study abstracts.

### **Data assessment and analysis**

Each abstract that met the inclusion criteria was assessed and evaluated on the ba-

sis of a researcher-developed data-collection matrix which included the following data points: year of completion, author's name, gender, academic degree, research design, and any references to theory development and identification of nursing and nonnursing theories. The more obscure theories were evaluated by researching the literature for discipline and origin to determine whether theories were nursing or nonnursing. Almost all of the dissertation authors identified a specific research design; although a few of the dissertation abstracts did not clearly state the designs of the studies, research designs were fairly evident on the basis of the report of the methods used and summary of the findings. To reveal patterns and trends, descriptive statistics across variables of interest were calculated. Using a qualitative, content analysis approach, titles and abstracts were read and reread to develop general categories of topics researched.

## **RESULTS**

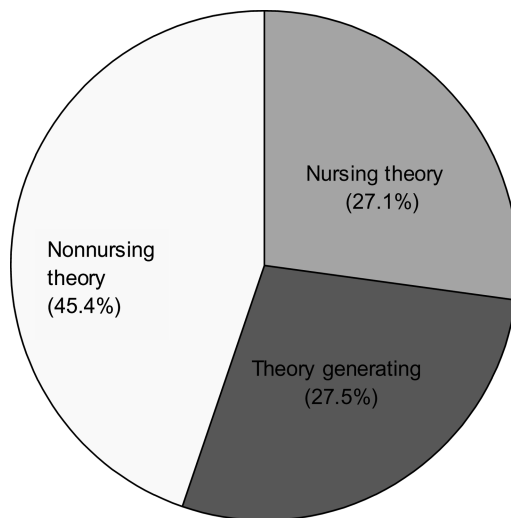
The majority (82.6%) of dissertation studies led to PhD degrees. Some (12.1%) of the researchers earned DNSc or DNS degrees, and only 11 (5.31%) earned EdDs. More than three fourths (86.9%) of the dissertations were conducted by women, 5.80% were written by men, and the gender of some authors (7.25%) was indeterminable on the basis of first names. Almost all (92.2%) of the dissertation studies were nonexperimental by design. Of the nonexperimental studies, 45.9% were qualitative employing such methods as grounded theory, phenomenology, and ethnography. The other descriptive studies were correlational, descriptive, or a combination of both. Table 1 provides a descriptive summary of all studies by research design.

In total, 56 (27.1%) researchers referred to nursing theories in their studies' abstracts. The nursing theories developed by Parse, Orem, Roy, Peplau, and Newman were studied most frequently followed by established

**Table 1.** Dissertations by research design  
(*N* = 207)

Design	Number	Percent
Descriptive	46	22.22
Qualitative	95	45.89
Correlational	41	19.80
Descriptive/correlational	9	4.35
Experimental	10	4.83
Quasi-experimental	6	2.91

theories such as those developed by Leininger, Watson, and King; the remainder of the dissertations included more obscure nursing theories. Some (17.9%) of the dissertations that examined nursing theories also included nonnursing theories. Four (7.14%) of the dissertations that studied nursing theory employed an experimental design. Figure 1 illustrates the number of dissertations by use of nursing theory, nonnursing theory, or theory generation. Psychosocial theories were the most prominent nonnursing theories recorded (see Tables 2 and 3 for examples of nursing and nonnursing theories cited in dissertation abstracts). Selected characteristics of each dissertation study are displayed

**Figure 1.** Percentage of dissertations by type of theory studied or theory generation.

in Table 4. Abstracts may be accessed via the Dissertation Abstracts database by entering the last name and initials of each author. Full studies may be retrieved through the interlibrary loan system.

Content analysis of each of the dissertation abstracts revealed a variety of nursing- and health-related topics. For example, nursing education, professional practice issues and development, and public health/health behavior were studied. Two dissertations that primarily studied psychosocial and cultural elements also attended to some ethical aspects of nursing care. Topics represented by fewer than 8 studies (ranging from 3 to 5) included psychometric/instrument development, caring, death and dying, and pain and were assigned to the category of miscellaneous. Table 5 provides the number of dissertation studies based on topical category. Although categories are not mutually exclusive, each dissertation was assigned to the category deemed most representative of the aim of the study.

## DISCUSSION

Most authors of the dissertations examined in this study earned the degree of PhD, followed by DNS, and the EdD. Although the vast majority of authors were graduates of PhD program, the number of nurses with PhDs in the United States is relatively low.<sup>40</sup> While the minimum of a baccalaureate degree for entry into nursing practice has been a contentious issue for many decades,<sup>41</sup> a new nursing educational debate is brewing related to doctoral education for nurses.<sup>42</sup> This new issue relates to the possible transformation of the master of science in nursing (MSN) degree into the doctorate in nursing practice (DNP) designed to prepare nurses for advanced practice roles such as nurse practitioner, clinical nurse specialist, and nurse anesthetist.<sup>43</sup> However, the impact a move toward a doctorate in nursing practice may have on the types of doctoral degrees nurses pursue must be seriously considered. This change could affect the

**Table 2.** Nursing theories studied by number and percent of dissertations (subsample,  $N = 56$ )

Nursing theory	Number	Percent
Parse's Theory of Human Becoming	8	14.28
Orem's Self-Care Deficit Theory	7	12.50
Roy's Adaptation Theory	5	8.93
Newman's Health as Expanding Consciousness	4	7.14
Peplau's Interpersonal Model	4	7.14
Benner's Humanistic Model	3	5.36
Leininger's Transcultural Nursing Theory	3	5.36
King's Conceptual Framework for Nursing	3	5.36
Neuman's Theory of Optimal Client System Stability	3	5.36
Kim's Theory of Collaborative Decision-making	2	3.57
Pender's Health Promotion Model	2	3.57
Watson's Theory of Transpersonal Caring*	1	1.78
Roger's Science of Unitary Human Being Theory	1	1.78
Swanson's Theory of Caring	1	1.78
Erickson's Modeling and Role-Modeling	1	1.78
Meleis Transition Theory	1	1.78
Mishel's Theory of Uncertainty	1	1.78
Miscellaneous <sup>†</sup>	6	10.71

\*Watson's theory was also cited as a secondary nursing theory in 2 of the dissertation studies.

<sup>†</sup>More obscure nursing theories are not listed.

**Table 3.** Selected examples of nonnursing theories cited in subsample of dissertation abstracts ( $N = 94$ )

Nonnursing theory	Number	Percent
Cognitive Theory	9	9.57
Role Theory	8	8.51
Bandura's Social Learning Theory	7	7.45
Ajzen and Fishbein's Theory of Reasoned Behavior	6	6.38
Lazarus and Folkman's Stress and Coping Model	5	5.32
General Systems Theory	5	5.32
Kanter's Structural Theory of Organizational Behavior	5	5.32
Family Systems Theory	4	4.26
Self-Determination Theory	3	3.19
Health Belief Model	3	3.19
Transtheoretical Model of Behavioral Change	3	3.19
Rosenbaum's Learned Resourcefulness Theory	2	2.13
Bowlby's Attachment Theory	1	1.06
Chaos Theory	1	1.06
Human Capital Theory	1	1.06
Kohlberg's Moral Development	1	1.06
Transformational Leadership	1	1.06
Psychosocial Theories*	18	19.14
Miscellaneous	11	11.70

\*All psychosocial theories were not listed.

**Table 4.** Chronological display of dissertations by type of or generation of theory, 2000–2004  
(*N* = 207)

Year	Author	Degree	Nursing theory	Nonnursing theory	Theory generation
2000	Sauter, MK	DNS		X	
2000	Moran, LM	PhD			X
2000	Thomlinson, EH	PhD			X
2000	Popoola, MM	PhD			X
2000	Kalman, MB	PhD			X
2000	Gregg, MF	PhD			X
2000	Bonadonna, JR	PhD			X
2000	Ruby, JP	EdD			X
2000	Morrison, B	PhD	X		
2000	Brammer, SV	PhD			X
2000	Cameron, KD	DSN			X
2000	Rittmayer, JS	PhD			X
2000	Lawson, L	PhD			X
2000	Cadmus, E	PhD		X	
2000	Tyler-Evans, ME	PhD		X	
2000	DeLaurentis Schultz, DM	PhD			X
2000	Goudreau, KA	DSN		X	
2000	Coble, DB	PhD		X	
2000	Spies, MAE	PhD		X	
2000	Meyer, GL	PhD			X
2000	Wright, DJ	DNSc	X		
2000	Durkin, AE	PhD	X		
2000	Sumner, JF	PhD		X	
2000	Bournes, DA	PhD	X		
2000	Parker, RR	PhD		X	
2000	Whittemore, R	PhD	X		
2000	Tungpunkom, P	PhD			X
2000	Weber, NA	PhD	X		
2000	Taggert, HM	DSN	X		
2000	Ward, SL	PhD	X		
2000	Callaghan, DM	DNSc	X		
2000	Hanna, CA	DNSc		X	
2000	Vahey, DC	PhD		X	
2000	Leonhardy, KA	PhD		X	
2000	Schlachta-Fairchild, L	PhD		X	
2000	Moulton, RA	PhD		X	
2000	Doherty, ME	PhD	X		
2000	Walker, CA	PhD		X	
2000	Bochain, SS	PhD	X		
2000	Barron, AM	PhD	X		
2000	Gammill, EB	EdD		X	
2000	Golembeski, SM	PhD			X
2000	Barrett, R	PhD		X	
2000	Ley, CD	PhD		X	
2000	Tanner, AB	EdD		X	

*(continues)*

**Table 4.** Chronological display of dissertations by type of or generation of theory, 2000–2004  
(*N* = 207) (*Continued*)

Year	Author	Degree	Nursing theory	Nonnursing theory	Theory generation
2000	Hall, AM	PhD		X	
2000	Bradley, KJ	PhD		X	
2000	Haines, SA	PhD	X		
2000	Sauls, JL	DSN		X	
2001	Jones, SM	PhD			X
2001	McGuire, SA	PhD			X
2001	Schmidt, LA	PhD			X
2001	Pike, AW	EdD			X
2001	Mowad, L	PhD		X	
2001	Teichler, ES	PhD			X
2001	Hrabe, DP	PhD			X
2001	Dragich, BM	PhD			X
2001	Thompson, SJP	PhD			X
2001	Wheeler, EA	PhD			X
2001	Boren, DM	PhD			X
2001	Leger-Krall, S	PhD			X
2001	Crume, JC	PhD		X	
2001	Ulrich, CM	PhD		X	
2001	McNaughton, D	PhD	X		
2001	DeSimone, SD	PhD		X	
2001	Seymour Route, PA	PhD		X	
2001	Hagman, LW	PhD	X		
2001	Riley, ME	PhD		X	
2001	Choi, J	PhD	X		
2001	Payne, TB	EdD		X	
2001	Hess, JD	PhD	X		
2001	Petpichetchian, W	PhD		X	
2001	Gunther, ME	PhD	X		
2001	Hamalis, PS	PhD	X		
2001	Stenvig, TE	PhD		X	
2001	Sarvey, SLI	PhD		X	
2001	Combs, EW	PhD		X	
2001	Dakin, CL	PhD		X	
2001	Walker, KM	PhD	X		
2001	Schoener, L	DNSc		X	
2001	Cox, KR	PhD	X		
2001	Berarducci, A	PhD		X	
2001	Dunn, KS	PhD	X		
2001	Graf, CM	PhD		X	
2001	Hadwiger, SC	PhD		X	
2001	Thomas, PA	PhD	X		
2001	Rea, GB	PhD		X	
2001	Tipton, EM	PhD			X
2001	Gauthier, DM	PhD			X
2001	Thomas, TN	PhD			X

(*continues*)

**Table 4.** Chronological display of dissertations by type of or generation of theory, 2000–2004 (*N* = 207) (*Continued*)

Year	Author	Degree	Nursing theory	Nonnursing theory	Theory generation
2001	Proksch, MK	EdD		X	
2001	Crawforth, KL	PhD		X	
2001	Yauk, SP	PhD	X		
2001	Oweis, AI	DNSc		X	
2001	Buxton-Blake, PL	DNSc	X		
2001	Collins, SE	PhD			X
2001	George, LE	PhD			X
2001	Budd, GM	PhD			X
2001	Katzenstein, J	PhD		X	
2002	Houser, BK	PhD			X
2002	Mullen, CK	PhD		X	
2002	Gropelli, TM	PhD			X
2002	Howard, EGF	PhD			X
2002	Walsh, TJ	PhD			X
2002	Klainin, P	PhD	X		
2002	Kordick, MF	PhD		X	
2002	Sawyer, SS	PhD	X		
2002	Huffman, DM	PhD	X		
2002	Putman, HP	DNSc		X	
2002	Meiers, SJ	PhD		X	
2002	Duane, CG	PhD		X	
2002	Cheng, S	PhD	X		
2002	Ulbrich, SL	PhD	X		
2002	Casalenuovo, G	PhD	X		
2002	Shattell, MM	PhD	X		
2002	Flanagan, JM	PhD	X		
2002	Upenieks, VV	PhD		X	
2002	Clark, EH	PhD			X
2002	Solari-Twadell, P	PhD		X	
2002	Carroll, KA	PhD	X		
2002	Ihrke, BA	PhD		X	
2002	Kang, Y	PhD	X		
2002	Sinsel-Phillips, P	PhD		X	
2002	El-sabagh, NE	PhD	X		
2002	Solem, SL	PhD	X		
2002	Al-Khasawneh, EM	DNS		X	
2002	Kenny, DJ	PhD		X	
2002	Steele, NM	PhD		X	
2002	Fairfax, J	PhD	X		
2002	Covington, H	PhD	X		
2002	Pennington, MS	PhD		X	
2002	Hausner, JA	PhD		X	
2002	Shapira, JS	PhD		X	
2002	Brock, VB	DSN		X	
2002	Simmons, B	PhD	X		

*(continues)*



**Table 4.** Chronological display of dissertations by type of or generation of theory, 2000–2004 (*N* = 207) (*Continued*)

Year	Author	Degree	Nursing theory	Nonnursing theory	Theory generation
2002	Stark, SLW	DNSc		X	
2002	Dillon, PM	DNSc	X		
2002	Plitnick, KR	PhD		X	
2002	Lenz, BK	PhD	X		
2002	Dellert, JC	PhD		X	
2002	McManus-Gay, AM	PhD			X
2002	Zahourek, RP	PhD			X
2002	Tradewell, GM	PhD			X
2003	Feng, J	DNS		X	
2003	Noone, J	PhD			X
2003	Fowler, BA	DNSc			X
2003	Butler, HA	PhD		X	
2003	Hart, AM	PhD			X
2003	Trosclair, TA	DNS			X
2003	Brown, VS	PhD		X	
2003	Bruley, DK	PhD			X
2003	Campesino-Flenniken, M	PhD			X
2003	Morgan, BD	PhD			X
2003	Nash, KA	PhD		X	
2003	Kraft, MR	PhD		X	
2003	Baker, OG	PhD	X		
2003	Campbell, LS	PhD	X		
2003	Silverstein, CM	EdD	X		
2003	Marnocha, SK	PhD		X	
2003	Connelly, TW	PhD		X	
2003	Falkenstern, SK	PhD	X		
2003	Carlson, ED	DSN		X	
2003	Whitlow, JF	DSN	X		
2003	Beckman, JA	PhD		X	
2003	Kamencik, J	PhD		X	
2003	Bongiorno, AEW	PhD		X	
2003	Schoonaert, KJ	EdD		X	
2003	Fliszar, RS	PhD	X		
2003	Harris, NC	PhD		X	
2003	Gallagher, PA	EdD		X	
2003	Hartung, SQ	PhD			X
2003	Kirdphon, W	PhD			X
2003	Penprase, BL	PhD		X	
2003	LaCoursiere, SP	PhD		X	
2003	Elliott, MCH	DNSc			X
2003	Sagara, M	PhD		X	
2004	Aflague, JM	PhD			X
2004	Nichols, LM	PhD		X	
2004	Williensen-Dunlop, AM	PhD		X	
2004	Lindgren, TG	PhD		X	

*(continues)*

**Table 4.** Chronological display of dissertations by type of or generation of theory, 2000–2004 (*N* = 207) (*Continued*)

Year	Author	Degree	Nursing theory	Nonnursing theory	Theory generation
2004	Drake, KB	PhD			X
2004	Davenport, DO	PhD			X
2004	McKnight, M	PhD			X
2004	Nielsen-Menicucci, K	PhD			X
2004	Preechawong, S	PhD		X	
2004	Lee, M	PhD		X	
2004	Ryan, LA	PhD	X		
2004	Fagan, KA	DNSc		X	
2004	Stockmann, CI	PhD		X	
2004	Rosa, KC	PhD	X		
2004	Lauzon Clabo, LM	PhD		X	
2004	Roche, JP	PhD		X	
2004	Carroll, SM	PhD	X		
2004	Lee, J	PhD		X	
2004	McGee, EM	PhD	X		
2004	Kagan, PN	PhD	X		
2004	Owens, MN	PhD	X		
2004	Hatler, CW	PhD		X	
2004	Brock, TP	EdD		X	
2004	Lawson, DB	DSN		X	
2004	Silva-Smith, AL	PhD			X
2004	Zhang, W	PhD	X		
2004	Bowers, S	EdD		X	
2004	Paul, JM	PhD			X
2004	Cormier, E	PhD	X		
2004	Sossong, AE	DNSc		X	
2004	Carlson, SR	PhD		X	

doctoral education landscape in a dramatic way and reduce the already scant number of PhD-prepared nurses who traditionally have focused specifically on research and knowledge development and the advancement of nursing science.

The vast majority of the studies described in this study were nonexperimental and about half of the dissertations were qualitative by design. Since some (27.5%) of the dissertations centered on theory development, a non-experimental, qualitative approach is appropriate. That many of the dissertation studies were qualitative supports the value of multiple ways of knowing and a shift from the logical positivistic approach to research em-

ployed by medical research and the adoption of a more open and naturalistic paradigm intrinsic to qualitative methodology.<sup>44,45</sup> Of the few dissertations that were experimental by design, 4 studied nursing theory, yet only 1 researcher clearly reported that the nursing theory was tested. Although experimental research studies such as randomized controlled trials are important, often experimental approaches are not well-suited for the study of nursing practice and related multidimensional components of care. Taking into account the current emphasis on evidence-based nursing practice predicated on a hierarchy of evidence that esteems experimental research above evidence gathered via other

**Table 5.** Dissertations by general topical categories ( $N = 207$ )

Topic	Number	Percent
Nursing education	24	11.6
Pediatrics/families	16	7.7
Obstetrics/gynecology	14	6.8
Gerontology	14	6.8
Acute/chronic care	21	10.1
Public health/health behavior	25	12.0
Psychosocial/cultural	28	13.5
Professional practice/development	35	17.0
Mental health	10	4.8
Women's health	8	3.9
Miscellaneous	12	5.8

approaches<sup>46</sup> raises questions as to how this schema might affect the furtherance of nursing knowledge generated by other research methods. Based on the findings of this present study, the concern about an overemphasis on experimental research at the expense of more qualitative approaches may be unfounded, at least at the level of seminal nursing research.

Less than one third (27.1%) of the dissertations reviewed referred to nursing theories, and of these 56 studies, 46 focused exclusively on nursing theory. The 3 nursing theories most frequently cited were Parse's Theory of Human Becoming, followed by Orem's Self-Care Deficit Theory and Roy's Adaptation Theory. A similar number of studies (27.5%) involved the generation of new nursing theories, and nonnursing theories guided a number (45.4%) of the dissertation studies, particularly theories from the psychosocial domain. Latham proclaimed, "Nursing research will not advance knowledge if it continues to hang on the coattails of other disciplines."<sup>47(p264)</sup> Although Fawcett<sup>3</sup> agreed with Latham, she pointed out that shared theories may be of value in the body of nursing knowledge. Rightfully so, nurse scholars are cautioned to systematically evaluate so-called borrowed theories before linking them to nursing and nursing practice.<sup>17</sup>

Even though 45.4% of the dissertation studies founded research on theories from other disciplines implies a somewhat multiple disciplinary perspective, more than half (54.6%) of the studies either examined nursing theories or aimed to generate new nursing theories, which is encouraging. Notwithstanding the emphasis on nursing theories, only 27.1 studied or tested established nursing theory. Careful assessment and evaluation of existing nursing theories to determine fit before venturing into the generation of yet another nursing theory may better promote the refinement and applicability of theories already developed and in turn strengthen and further develop a more succinct corpus of nursing knowledge.

From an epistemological perspective, nursing theory cannot be totally devoid of other theoretical concepts or models. Just as great composers develop unique symphonies, they still share common notes with other pieces of music. Moreover, the concept of holistic care precludes the notion of a "nursing only" theory and is congruent with the multidimensional reality of providing care for human beings across the lifespan from a variety of ethnic, cultural, and developmental backgrounds. Current trends as evidenced by the nursing literature<sup>13-17</sup> and this present study indicate some measure of acceptance for the integration of nonnursing theories into the work of nursing knowledge development; nevertheless, this does not negate the imperative and quest to differentiate nursing and its central dimensions from other disciplines by the testing of existing and ongoing exploration and development of nurse-specific theories.

A variety of topics were represented by the dissertations reviewed. Professional practice and development issues, psychosocial/cultural, public health/health behavior, nursing education, and acute/chronic care were the most frequently studied topics followed by pediatrics/family, gerontology, obstetrics/gynecology, mental health, and women's health. That many of the dissertation studies examined professional development and nursing education issues is more than

reasonable considering the present climate of nursing related to the shortage, decreasing enrollment in nursing programs across the country, and the ever-increasing complexity of healthcare and delivery systems. Moreover, the prominent emphasis on psychosocial aspects of nursing and healthcare is congruent with holistic practice and concern for the mind-body connection.

Parallel to the review by Loomis<sup>31</sup> which targeted clinical nursing research dissertations, the present study revealed lack of study on economics, politics, environment, and the testing of interventions. However, in contrast to the Loomis study,<sup>31</sup> this descriptive review yielded data indicative of a greater emphasis on family, social, and cultural oriented components of nursing care and practice. Also, unlike this present review, Hooker and Mayo<sup>32</sup> reported that 75% of the nurse practitioner-focused dissertation studies explored topics relevant to socioeconomic issues. It is interesting that 22 studies specifically addressed healthcare pertaining to women whereas none of the dissertations studied all-male populations. From an apolitical standpoint, perhaps since nurses, in general, and nurse researchers, in particular, continue to be predominantly female, nursing research may have a propensity to be skewed toward the study of female populations. But it is important to acknowledge that historically medical studies have included primarily male subjects.<sup>48</sup> Therefore, although the study of male populations from a nursing perspective merits some consideration, this observation is not intended to diminish the need to give voice to women's health issues through the vehicle of research. Granted, ethical concerns and complexities inherent in the study of male versus female subjects is worthy of attention but is beyond the scope and intent of this article.

### LIMITATIONS

The findings of this basic survey must be interpreted with due caution. The relatively small size of the sample of convenience is

not amenable to wide generalization, and a researcher-developed tool that has not been tested for reliability or validity was used. Only abstracts of the dissertations were read; therefore, pertinent information relevant to theoretical frameworks or models may not have been included in the abstracts. It is also important to underscore that although some of the abstracts contained references to nursing theory, this does not necessarily mean that nursing theories were actually tested. Too, data relevant to the topical content were not based on a predetermined framework and pertains to the study sample only. Nevertheless, the descriptive findings obtained provide a glimpse, albeit limited, of the types of studies and theoretical approaches used and may serve to guide future research study and nursing knowledge development.

### CONCLUSIONS

This study provides concrete evidence of the status of knowledge development at its foundation. The findings of this descriptive review are somewhat suggestive of a broader view of nursing science and knowledge development that incorporates theory from other disciplines.

Furthermore, the findings of this survey suggest that some in positions of influence and who have mentoring relationships with doctoral students have a more inclusive view of knowledge development and do not tend to advocate the exclusive testing or development of nursing theories. Aside from the use or nonuse or development of nursing theories, in general, the dissertation studies covered the lifespan and a variety of topics and specialty areas of practice. However, no studies were done specific to male healthcare needs and few studies explored end of life, ethics, pain, or socioeconomic and political issues.

### IMPLICATIONS/RECOMMENDATIONS

To fortify the extant nursing knowledge core by testing and revising established

nursing theories along with the carefully justified generation of new nurse-specific theories as warranted because of the inherent complexities of the discipline and practice, it behooves those who guide and direct nursing doctoral dissertation studies to encourage research focused primarily on nursing theories. By doing so, it will increase the likelihood of developing future nurse scholars and researchers who will add substantively to the body of unique nursing knowledge. Although the primary aim of this descriptive survey was to identify and describe the types of theories studied by nurses engaged in doctoral dissertation research, other relevant issues warrant mention. If theory and related nursing knowledge are to be of value and actually used in everyday practice, how it is disseminated to and used by front-line nurses at the bedside is of paramount importance.

What value is there in developing a unique body of nursing knowledge if it is not translated into actual nursing practice and related patient outcomes? The key for those involved in scholarly pursuits and research endeavors is to continue academic discourse and the mission of knowledge and theory development specific and applicable to the discipline and praxis of nursing while acknowledging the merit of incorporating nonnursing concepts and theories that many consider to be complementary to nursing practice and instrumental in ensuring holistic care and better patient outcomes. In addition, although definitive recommendations about topical areas of research cannot be offered on the basis of the findings of this limited study, future dissertation research on male healthcare needs, end of life, ethics, pain, and socioeconomic and political issues deserves thoughtful consideration.

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